

Gayatri Mantra

गायत्री मंत्र

The Gayatri Mantra is a Vedic prayer from the Rig Veda (3.62.10), and its seer is Rishi Vishvamitra. It asks Savitr, the divine sun and source of all life, to light up our minds. It is traditionally chanted at sunrise, noon and sunset, often 108 times.

Mantra

Om Bhur Bhuvah Svah
Tat Savitur Varenyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat

Om. Earth, atmosphere and heaven. We meditate on that most excellent radiance of the divine Savitr. May he inspire and illumine our minds.

Source: Rig Veda Samhita, Mandala 3, Sukta 62, Mantra 10

The meanings are our own first draft. A scholar has not reviewed them yet. If you spot a mistake, please tell us.

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