



Shani Mantra

शनि मंत्र

These are the two best-known Sanskrit mantras for Shani Dev. The beej mantra "Om Pram Preem Proum Sah Shanaishcharaya Namah" is chanted on a mala, usually 108 times, and the verse "Nilanjana Samabhasam" from the Navagraha Stotra is said as a pranam to the son of the Sun. Devotees chant them on Saturdays, often at sunset by a sesame oil lamp.

Beej mantra

Om Pram Preem Proum Sah Shanaishcharaya Namah ॥1॥

Om. Pram, Preem, Proum, Sah: salutations to Shanaishchara, the slow-moving one.

Navagraha verse

**Nilanjana Samabhasam Raviputram Yamagrajam
Chhaya Martanda Sambhutam Tam Namami Shanaishcharam ॥2॥**

I bow to Shanaishchara, who shines like blue-black collyrium, the son of the Sun and elder brother of Yama, born of Chhaya and Martanda (the Sun).

Source: Mantra 1 (beej mantra): drikpanchang.com "Shani Mantras" (vedic-mantra/gods/navagraha/lord-shani), cross-checked with shubhpanchang.com (Shani beeja mantra). Mantra 2: Navagraha Stotra, verse 7, as on Sanskrit Wikisource (नवग्रहस्तोत्रम्, attributed to Vedavyasa), cross-checked with drikpanchang.com (Navagraha Stotram and the Shani pranam mantra on the Shani Mantras page)

The meanings are our own first draft. A scholar has not reviewed them yet. If you spot a mistake, please tell us.

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